

Awards & Accreditations

The Good Care Group is the UK's most awarded care company offering quality live-in care at home. We constantly strive to innovate and improve our home care services by listening to our clients and experts in complex conditions. We work with a number of charities who advise us on the training that we deliver to our carers and care managers. We also operate an Advisory Board, made up of healthcare professionals who advise on best practice.

We are on the Board of the UKHCA, the United Kingdom Home Care Association and are active members of Care England and Scottish Care. We are a founding member of the Live-in Home care information hub. The Good Care Group is registered with Care Quality Commission (CQC) in England and the Scottish Care Inspectorate in Scotland.



Dr Simon Moore Private GP & founder of the Moore Medical Practice: *"I am very impressed with The Good Care Group - all the patients and their families I have recommended to use them have received a high quality service, with a well matched and experienced carer who has made significant improvements to the quality of their life."*



Live life well at home

"It's not just about the care, it's about the companionship."

If you would like to find out more about live-in care, call us today for a friendly and helpful chat with someone who really understands. We will provide you with full details of costs, which will vary depending on need and can talk to you about benefit and funding options to help you make the right decision.



"My mother's carer is fantastic and I am overwhelmed by her professionalism. I heard them laughing together - the first time I have heard my mother laugh in a very long time." Mrs P Lockheart

 08000 234 220

 www.thegoodcaregroup.com

 enquiries@thegoodcaregroup.com

 @goodcaregroup

Live life your way

There are many reasons you may be thinking about live-in care; you may be looking for companionship or help with day to day activities if your health or mobility has suffered or you are struggling to care for older relatives whilst managing the demands of busy family life and a job.

For the majority of people, live-in care will be a preferable choice to residential care - it is widely recognized that care at home with one to one support promotes health and emotional wellbeing in a way that residential care simply cannot do. Maintaining a person's independence and dignity is vital for sustaining health and happiness. Professional live-in care can make a real difference - enabling a person to carry on living life as they choose, keeping in touch with friends, family and community.

"We turned to The Good Care Group after being severely let down by a home care agency, and we have been glad that we did

so. Not only were the care team trained and experienced to support dementia, they took time to understand its impact on both my mother and father and their relationship. My parents are now able to live a peaceful life at home..., with warm-hearted caring individuals who have now become very much part of our family."

Ms D P Perkins

All the support you need

It is not always easy to see the full benefit of professional home care or accept help at the beginning - we can support you through those difficult decisions. From your first conversation, we'll always give you impartial knowledge and advice assisting you in making the right decision for you. Our specialist nurse also offers advice and support to families who are considering specialist care for the first time.

Respite care

Many family carers feel guilty about wanting some time off but it can be vital for your mental health and wellbeing that you do. Our short term respite care is a great way for families to take a break or to help decide if live-in care is right for you - you can try out the service for a minimum of two weeks.

We help and support everyone involved - not just the person needing care - call us today on 08000 234 220 about how we can help.

How live-in care can help

Whether it's cooking a meal together, support with daily life including hobbies and activities or more specialist medical care, here's just a few ways in which our professional carer can help.

Personal care

- Washing or showering/bathing
- Grooming (hair washing, shaving)
- Dressing
- Chiropody/podiatry

Emotional support

- Companionship and friendship
- Assistance to attend clubs and groups
- Support in communicating with friends and family
- Help and advice about living well and staying positive

Day to day

- Light housework, shopping and gardening
- Pet care
- Cooking and balanced diet/meal planning

Medical help

- Medication management/administration
- Continence support and catheter care
- Monitoring of blood pressure, blood sugar, etc
- Skin care and support with wound management
- Coordinating care with GPs, District Nurses and other health care professionals

High Needs service

- Nurse led service for complex conditions
- Clinical oversight by and consultation with Specialist Nurse
- High levels of care management and supervision by care team
- Highly skilled and experienced professional carers

Reasons to choose us

Close and personal relationships

We take the time to really get to know people - for us, care starts with finding out stories, memories, likes, dislikes, existing routines and lifestyles. This 'person-centred' approach is one of the many ways we help people live at home for longer.

The very best care of conditions

Our care team is highly experienced and has unrivalled expertise in medical conditions including: **Dementia, Parkinson's, Multiple sclerosis, Stroke, Palliative, Cancer, Mobility and Fragility.** We work with leading healthcare and social care professionals and we can provide nurse led care overseen by our specialist dementia nurse.

Consistent and highly-trained carers

If you are thinking about live-in care, you will want someone you can trust, is

familiar and will meet all your needs.

Our carers are:

Employed by us - we never use agency staff.

Profiled to clients - psychometric testing helps create well-matched relationships.

Work effective and regular rota patterns - a team of two highly experienced carers will provide consistent care and expert care.

Supervised and monitored - our Regional Managers support our carers - so they can do a better job looking after you.

Competent and qualified - on top of existing qualifications, our carers also complete a healthcare diploma with us, as well as ongoing professional development.

Highly trained - ongoing mentoring, refresher and specialist training.

